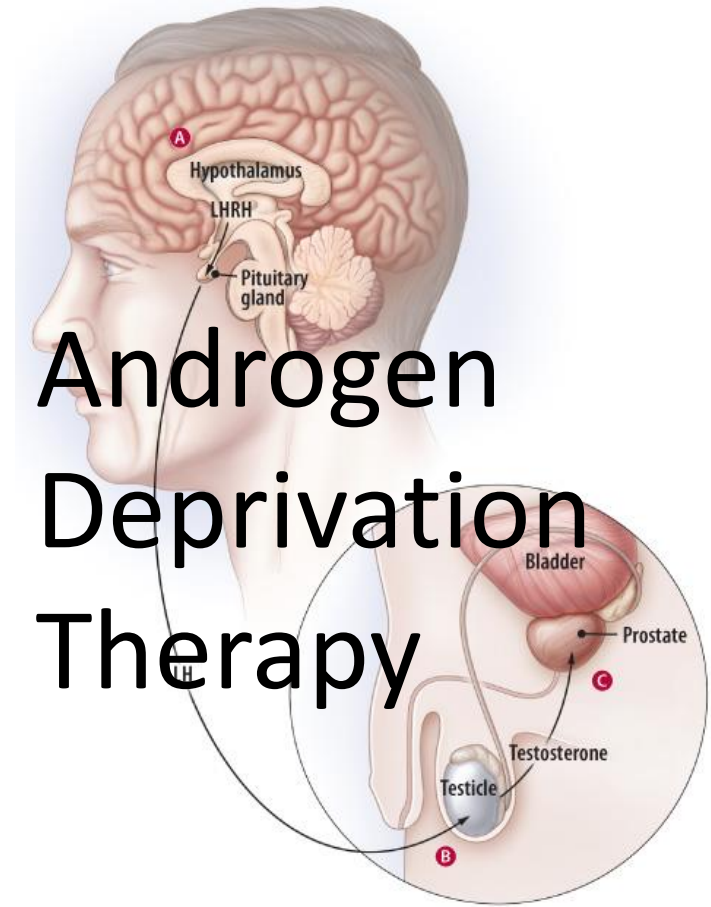


Adverse effects and supportive care for radiated prostate cancer patients and partner - A review of studies in AgeCare

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Treatment



Androgen Deprivation Therapy



Studies



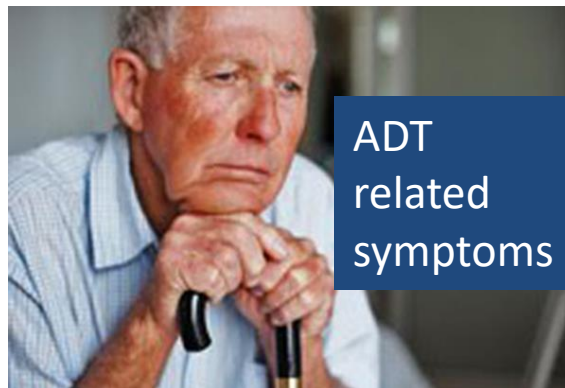
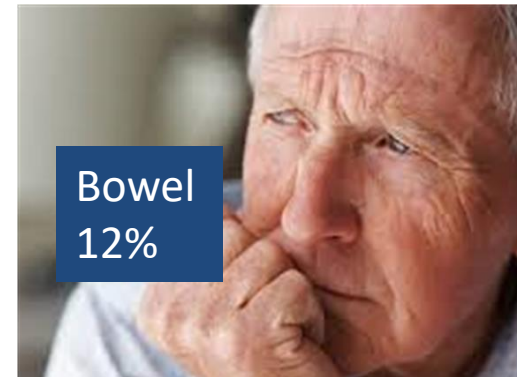
Research questions

- Extent and severity of early and late adverse effects?
- Will rehabilitation reduce adverse effects?
- How does elderly men cope?
- What are the patients and partner experiences?

Methods

- Cross-sectional study n=317
- RCT n=161
- Three year followup study n=143
- Focus group interviews n=13
- Pilot study at RcDallund n=8 couples

Moderate-Severe Adverse Effects





↑ risk for late adverse effects



RCT



Dieperink et al BJC 2013

RCT



2 x guidance v
2 supportive c

Brief multidisciplinary rehabilitation improved early irritative urinary symptoms, overall urinary symptoms, hormonal symptoms, gave a better physical QoL compared to a control group

Focus groups

- Partnership and intimacy is important issues but neglected during treatment



PEER SUPPORT

- Peer support was a need by Patients & Partners

Conclusions

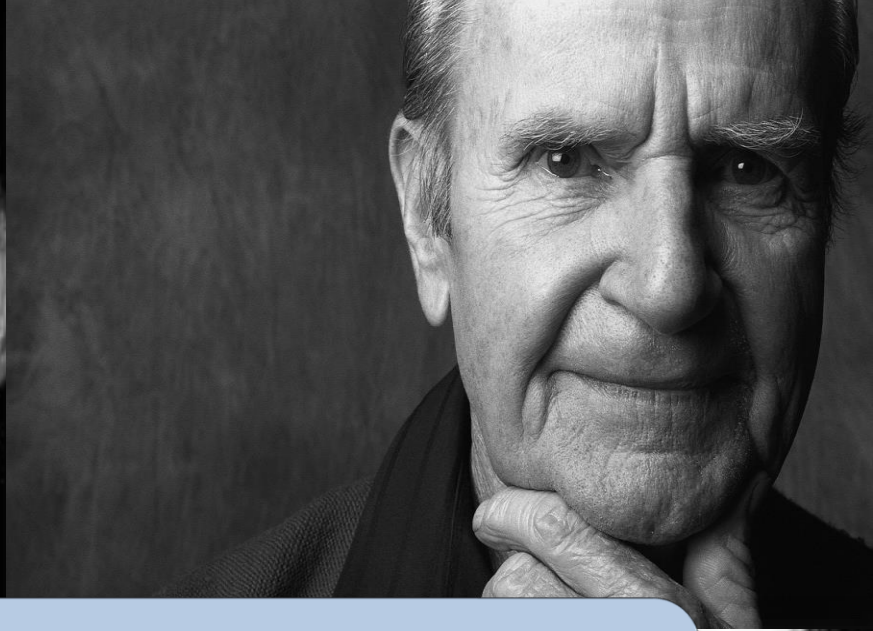
- Important knowledge of the extent of early and late adverse effects is achieved as well as knowledge about effective rehabilitation.
- Furthermore, the male coping styles during the whole trajectory from before radiotherapy to three years after are clarified.



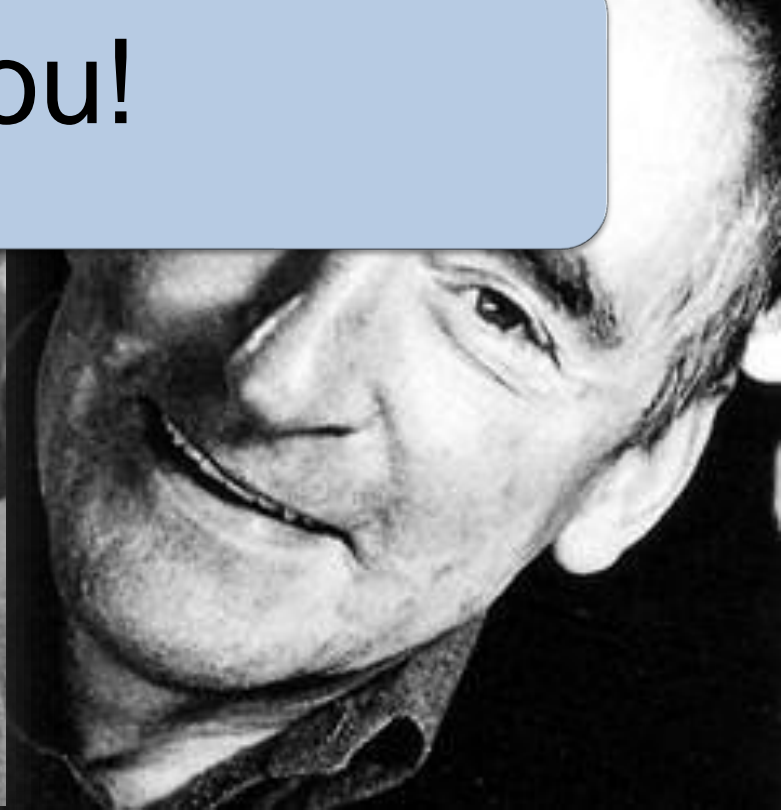
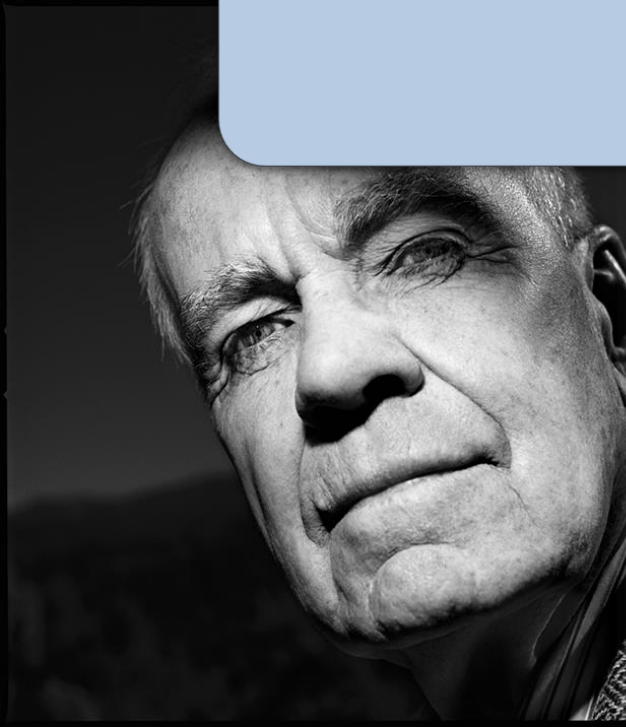
Future clinical practice & research

- Systematically assessment of patients' adverse effects and family needs has to be established in clinical practice to guide precision rehabilitation
- Research targeting sexual problems, family issues and involving peer support has to be investigated in the future





Thank you!



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